

MAIN MENU



	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
WEEK 1					
31/08	❖ Chicken & Pasta in a Creamy Sauce	❖ Beef Hot Pot with Garlic Bread	❖ Roast Chicken served with Roast Potatoes & Gravy	❖ Meat Feast Pizza	❖ Fish Fingers & Chips
21/09	❖ Spinach & Lentil Dahl with Rice	❖ Veg Calzone	❖ Roasted Veg Strips served with Roast Potatoes & Gravy	❖ Margherita Pizza	❖ Spicy Bean Burger in a Bun with Chips
12/10	❖ Fresh Bread & Daily Salad	❖ Fresh Bread & Daily Salad	❖ Fresh Bread & Daily Salad	❖ Fresh Bread & Daily Salad	❖ Fresh Bread & Daily Salad
02/11	❖ Sweetcorn & Broccoli	❖ Peas & Cauliflower	❖ Carrots & Green Beans	❖ Sweetcorn & Roasted Mediterranean Veg	❖ Peas & Baked Beans
23/11	❖ Peaches & Fruit Melba	❖ Yoghurt Bar	❖ Oaty Apple & Berry Crumble with Custard	❖ Orange Jelly & Fruits	❖ Fresh Fruit Salad
14/12	❖ Peaches & Fruit Melba Sauce with Ice Cream				

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WEEK 2					
07/09	❖ Honey & Ginger Veg Strips Stir Fry with Noodles	❖ Kheema Beef Curry with Rice	❖ Roast Turkey served with Roast Potatoes & Gravy	❖ Thai Red Chicken Curry with Rice	❖ Battered Pollock with Chips & Homemade Tartar Sauce
28/09	❖ Quorn Paella	❖ Veg Chicken Style Piri Piri Strips Wrap	❖ Macaroni Cheese	❖ Roasted Veg Pizza	❖ Quorn Frankfurter Hot Dog & Chips
19/10	❖ Fresh Bread & Daily Salad	❖ Fresh Bread & Daily Salad	❖ Fresh Bread & Daily Salad	❖ Fresh Bread & Daily Salad	❖ Fresh Bread & Daily Salad
09/11	❖ Carrots & Veg Medley	❖ Green Beans & Cauliflower	❖ Carrots & Green Cabbage	❖ Sweetcorn & Broccoli	❖ Peas & Baked Beans
30/11	❖ Lemon Cheesecake & Yoghurt	❖ Yoghurt Bar	❖ Pear & Mixed Berry Pie with Custard	❖ Lemon Shortbread with Fruits	❖ Frozen Toffee Yoghurt

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WEEK 3					
14/09	❖ Beef Spaghetti Bolognese	❖ Chicken Sausages with Mashed Potatoes and Gravy	❖ Roast Beef served with Roast Potatoes & Gravy	❖ Jerk Chicken & Rice Burrito	❖ Breaded Pollock Fish & Chips
05/10	❖ Butterbean & Veg Tagine with Cous Cous	❖ Quorn Sausages with Mashed Potatoes and Gravy	❖ Roast Quorn served with Roast Potatoes & Gravy	❖ Red Onion & Sweetcorn Pizza	❖ Cheese & Broccoli Quiche with Chips
26/10	❖ Fresh Bread & Daily Salad	❖ Fresh Bread & Daily Salad	❖ Fresh Bread & Daily Salad	❖ Fresh Bread & Daily Salad	❖ Fresh Bread & Daily Salad
16/11	❖ Carrots & Green Beans	❖ Green Cabbage & Cauliflower	❖ Carrots & Broccoli	❖ Sweetcorn & Roasted Mediterranean Veg	❖ Peas & Baked Beans
07/12	❖ Peach Fool		❖ Apple & Banana Cake with Custard	❖ Strawberry Jelly & Ice Cream	❖ Fresh Fruit Salad

